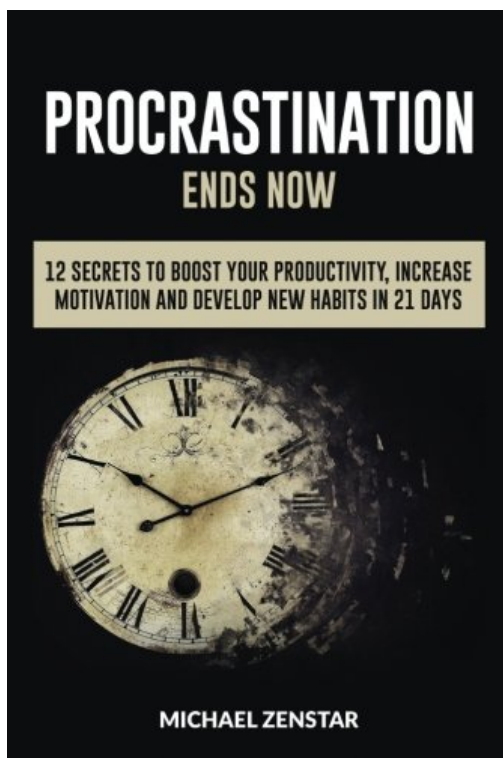


Epub Download Procrastination Ends Now: 12 Secrets to Boost your Productivity, Increase Motivation and Develop New Habits in 21 Days (Focus, Goals, Productivity, ... Execution) (Better life) (Volume 1) Full Book



Book details

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Book Synopsis

Do you want to finally end Procrastination? Are you sick of procrastinating when you should be most productive? Look no further, read this book and change your life forever. Use my 12 secrets to gradually start overcoming procrastination and develop new habits Experts describe procrastination as the leading reason for poor time management, missed deadlines, and failed careers. This behavior of putting off tasks and having baseless reasons for not doing whatâ€™s expected is a common problem in a world where progress is measured by results. To defeat procrastination then you need to have the right tools. In this guide, this is what I will show you: I will demonstrate you how to overcome procrastination and replace the habit with productive actions. The journey begins with understanding yourself: accepting the fact that you procrastinate, knowing why you procrastinate, identifying the roots of procrastination, and identifying and dealing with fears that make you put off tasks over and over again. I used to procrastinate a lot just because I thought things would somehow sort themselves out. The problem was there were only more unfinished projects in my life and it became overwhelming. So I dug deeper and found out 12 secrets, which are of course not secrets at all. They just appear as such as only a few people use them consistently. One thing that I will make clear in his book is that chronic procrastination can be uprooted in one day. It requires a strategy, determination, and guidance. This is the reason he has provided the 12 secrets to help you overcome procrastination. This book is a handy guide for a procrastinator seeking the way to productivity. You can be assured that reading this book will not be a waste of time because within 21 days of practicing what I say, you will realize that you no longer procrastinate as you will develop a new habit. To

end procrastination means to change your habits. And to change your habits means to change your mindset. Take action TODAY and get it for a limited time discount of #DES#.99 ONLY! SEE YOU ON THE INSIDE!